



The Ultimate Revitalizing Facial

Step One – Cleanse & Analyze

- Remove make up using *Melt Away Gentle Foaming Cleanser*
- With *Melt Away*, do a light massage with sponge, loosening all debris
- Sponge off or remove cleanser with a steamed towel
- Apply *AHH! Exhilaration Freshening Toning Spray* on cotton pads and remove all residue
- Do a skin analysis with a magnifying lamp

Step Two – Scrub/Exfoliate

- Apply a small amount of the *Miracle Microdermabrasion Cream* – using steamer to manipulate the *Microdermabrasion Cream*, gently massaging the face
- Sponge off or remove the *Micro Cream* with a steamed towel
- Apply *AHH! Exhilaration Freshening Toning Spray* on cotton pads and remove all residue

Step Three – Massage

- Using the *European Botanical Massage Crème* do an extensive massage utilizing effleurage, petrissage and relaxation massage techniques
- Sponge off or remove the *massage crème* with a steamed towel

Step Four – The Enzyme Masque with Steam

- Apply *Take That Masque Off* with fan brush – use a small amount to lightly coat (not thickly) to the face
- Use steam to stimulate the enzymes
- Let client rest for 10-15 minutes
- Remove the *masque* with steamed towels (For additional treatment—massage lightly in gommage circular massage motion and remove masque. Then apply steamed towel to remove the residue)
- Apply *AHH! Exhilaration Freshening Toning Spray* on cotton pads and remove all residue

Step Five – Moisturize/Protect

- Apply *Night Recovery Vitamin-Mineral Infusion*
Apply a very small amount of *Day Survival SPF 15* for environmental protection
Apply *Eye and Lip R&R* to eye and lip area
- Have client use the Facial Essentials Home Care for maximum results

The Acne Facial

- Repeat Steps One, Two, and Three from the Ultimate Hydration Facial
- During Step Three (the massage) utilize Dr. Jacquet massage movement (this assists in removing excess oils and debris from the hair follicle)

Step Four – Masque

- Apply Take That Masque Off enzyme mask (thin coating with fan brush)
- Use steam to stimulate the enzymes
- Remove with a warm moist towel – the warm moist towel and the enzyme mask helps to open pores and soften dead surface cells
 - * Extractions can be done at this time
- Apply *AHH! Exhilaration Freshening Toning Spray* on cotton pads and remove all residue

Step Five – Moisturize/Protect

- Apply the *Advanced Perfecting Gel* and then the Day Survival SPF 15.
- Apply *Eye and Lip R&R* to eye area
- * Suggest that the client has a series of *Para-Medical Peels* in salon and use the Facial Essentials home care for maximum results

The Aromatherapy Facial

- Repeat Steps One, Two, and Three from the Ultimate Hydration Facial
- Add *Phases Oil-Lavender & Jojoba* to steamed towels
- Repeat Step four, The Masque
- Have the client use the *Facial Essentials Home Care* for maximum results

The Oxygen Facial

- Novitá Spa's oxygen facial is based on our unique ABC complex with Revitalin (Glyco Protein). Revitalin is a Bio Swiss extract that rejuvenates the skin, allowing the skin to reach its maximum respiration. This powerful complex is in most all of *Novitá Spa's Facial Essentials*
- Repeat Steps One, Two, Three, and Four from the Ultimate Revitalizing Facial

Step Five – Moisturize/Protect

- Apply *Day Survival SPF 15* and then *Air Supply The Ultimate Oxygen Booster*, leaving the skin with maximum radiance
- Have the client use the Facial Essentials for maximum results