

Novita
Spa

HAND SPA
PARAMEDICAL PEEL™

**The Ultimate Anti-Aging
Spa Hand Treatment**

Supplies Needed For ParaMedical Spa Hand Peel™ Treatment

1. A basin
 2. A small glass dish
 3. Warm tepid water
 4. Novitá Spa's™ mini applicator brush
 5. Novitá Spa's™ medium applicator brush
 6. 2" neutralizing cotton gauze
 7. Paraffin bath
 8. Paraffin mitts
 9. Novitá Spa's™ Rise & Shine™ – Gentle Micro-Sloughing Cleanser with Jojoba beads
 10. Novitá Spa's™ Day Survival™ – Moisture Complex SPF 15
 11. ParaMedical Peel™ – 30% pharmaceutical grade Glycolic Acid with ABC Complex (Alpha-Beta-Vitamin C) mini peel solution
- This service takes from 15 to 30 minutes.

Consult your Novitá Spa™ ParaMedical Peel™ educational video for complete instructions.

Introduction to the ParaMedical Spa Hand Peel™ Treatment

Alpha Hydroxy Fruit Acids and Glycolic Acid (the most effective of the AHAs) are the rage. A wonderful way to introduce Glycolic Acid treatments to your clients is with Novitá Spa's™ ParaMedical Spa Hand Peel. Our ParaMedical Peel™ has 30% pharmaceutical grade Glycolic Acid with Novitá Spa's™ ABC Complex™ (Alpha-Beta-Vitamin C).

This ParaMedical Spa Hand Peel incorporates Novitá Spa's Rise & Shine™ - Gentle Micro-Sloughing Cleanser and Day Survival™ Moisture Complex SPF 15. These two products are used in conjunction with Novitá Spa's™ ParaMedical Peel™. The ParaMedical Peel can also be used for facial, neck, decollate, body and pedicure treatments.

Step One: The Preparation Step

Apply quarter size amount of Rise & Shine™ micro-sloughing cleanser. Then add water and work it between your fingers. Rise & Shine™ contains natural Jojoba beads. These Jojoba beads open the pores and gently exfoliate dead skin cells. Apply Rise & Shine™ to the hand with gentle rotating massage strokes over the entire hand and cuticle area. Next rinse the hand and pat dry, repeat on other hand.

Step Two: The ParaMedical Peel™ Step

Put several drops of the ParaMedical Peel™ solution into a small glass dish. Take the medium applicator brush and work the product onto the brush until you achieve a thin coat, more is not better. With small strokes, apply the ParaMedical Peel™ to the large part of the front of the hand. Put several more drops of the product into the dish. Take your mini applicator brush and apply the ParaMedical Peel™ around the finger and cuticle area. The ParaMedical Peel™ will not lift acrylic, gel or tips applied to the nail bed. Leave the product on **8-10 minutes**, while you are doing Step Two on the other hand.

Step Three: Neutralizing Step

Take the 2" cotton neutralizing gauze square and open it up to where it is in strip form. Put the gauze into the bowl of warm tepid water, squeeze excess water from strip and lay it down and pat onto the hand over the entire front of the hand and fingers (wrapping the fingers with the gauze strips). Leave the gauze on while you are repeating the neutralizing step on the other hand.

Step Four: Paraffin Dip

While the second hand has it's gauze on, remove the gauze from the first hand. Take that hand and dip it in the paraffin bath until fully coated. Put the coated hand in the polybag. Insert the covered hand into the paraffin mitt. Do this same procedure on the other hand. Leave the mitts on each hand for **5-8 minutes**.

Step Five:

Remove the paraffin mitts and the plastic bags. Peel off the paraffin wax from both hands. Next apply Day Survival™ Moisture Complex SPF 15. This continues to create a smooth, softened appearance and also locks in moisture. With continued use the clients' age spots will lighten, and the hands will have a hydrated, firmer appearance. *This treatment will restore youth to your skin! Salons can charge from \$20.00-\$40.00 for the ParaMedical Hand Peel™.

Because you see such a dramatic difference it is a perfect time to suggest Novitá Spa's™ Facial Essential's System, Novitá Spa's™ Body Essentials and the Soul Essentials. Using these products at home will maximize the effects from the ParaMedical Peel for face, neck, hands and cuticles.

**Please Note: If there are any further questions
please call our office at
1-888-738-0701
www.novltaspa.com**