

Novita
Spa

SPA FACIAL
PARAMEDICAL PEEL™

**The Ultimate Anti-Aging
Spa Facial Treatment**

Introduction to the ParaMedical Peel™ Facial Treatment

The ParaMedical Peel™ has been endorsed by doctors and paramedical estheticians worldwide. When beginning a series of facial ParaMedical Peels, the client must have been using the Facial Essentials System for two weeks to a month prior to their first treatment. The reason for this is that there is a period of adjustment of the skin. The client's skin must be prepared for maximum results. The client may experience a slight tingle a few seconds upon each application of the facial system, during the period of adjustment. The Facial Essential System is designed for both AM/PM use. This tingling side effect generally lasts no longer than the first two weeks. Most people will not experience this at all.

The ParaMedical Peel™ can also be used for facial, neck, decollate, body and pedicure treatments.

The Consultation

Have your client use the Facial Essentials System for at least two weeks both AM/PM prior to their first ParaMedical Peel™. This will prepare the skin for the ParaMedical Peel™. If your client has sensitive skin, they need to be on the Facial Essentials System for at least a month prior to their first ParaMedical Peel™.

During the consultation, set the client's appointments for the series of four ParaMedical Peel™ treatments. During the series of four treatments, the product is left on the skin in an incremental building procedure – product is left on for more time each week.

The procedure will take 45 minutes to 1 hour.

- First week – Product left on 3 minutes
- Second week – Product left on 5-8 minutes
- Third week – Product left on 10-12 minutes
- Fourth week – Product left on 15 minutes

Supplies Needed For Facial ParaMedical Peel™ Treatment

1. A basin
2. A small glass dish
3. Warm tepid water
4. Novita Spa's mini applicator brush
5. Novita Spa's medium applicator brush
6. 2" neutralizing cotton gauze
7. Novita Spa's Melt Away™ – Gentle Foaming Cleanser
8. Novita Spa's Day Survival™ – Moisture Complex SPF 15
9. ParaMedical Peel™ – 30% pharmaceutical grade Glycolic Acid with ABC Complex (Alpha-Beta-Vitamin C) mini peel solution

Consult your Novita Spa ParaMedical Peel™ educational video for complete instructions.

The Paramedical Peel™ Facial Treatment

Week One

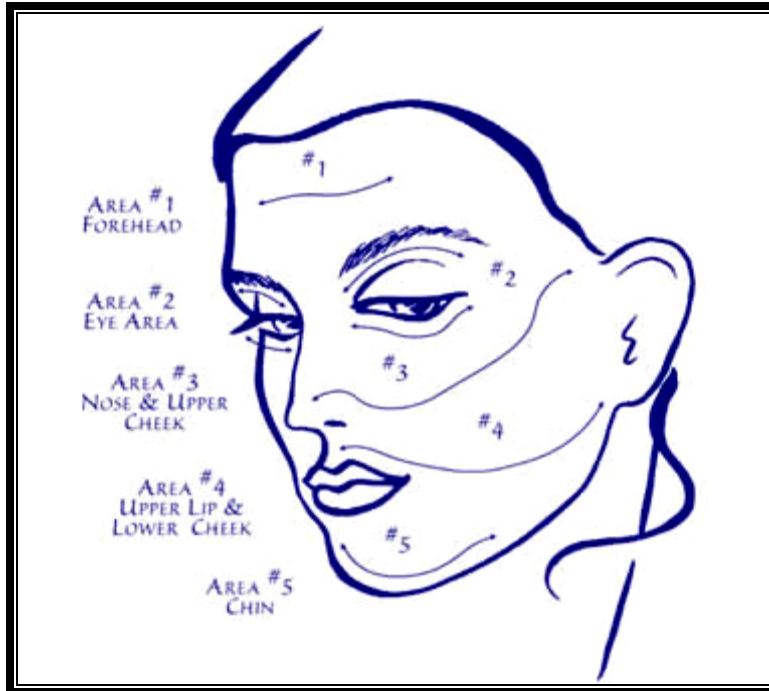
Step One: Cleansing Procedure – Melt Away™ Gentle Foaming Cleanser

Apply ample amount of Melt Away™ onto fingertips and massage onto face and neck area. Use light circular massage stroke on forehead, chin, cheek and neck. Remove with neutralizing gauze or facial sponge using warm tepid water. Pat dry thoroughly. This procedure should take approximately 3-5 minutes. Repeat a second time to completely prepare skin.

Step Two: The Application – ParaMedical Peel™

Divide the face into 5 sections:

1. The forehead
2. The eye area, which encompasses the eye socket out to the hair line area
3. The nose and upper cheek area out to the hair line
4. The upper lip area and lower cheek area out to the hair line
5. The chin area



Take the ParaMedical Peel™ dropper, and put several drops of the product in a small glass dish. Take the medium size applicator brush, and work the product onto the brush. More is not better. A thin coat on the brush is all that you need.

Area #1: The Forehead

With small strokes, apply ParaMedical Peel™ to the forehead. Leave the product on the forehead for **three minutes** during the first week of treatments. The forehead will use approximately 3-4 pieces of neutralizing cotton gauze.

***Note:** If there is redness, neutralize immediately and go onto the next area.

Step Three: Neutralizing Step

Take the neutralizing cotton gauze and dip it into a bowl of warm tepid water. Ring out thoroughly and lie on processed area and pat the area with finger tips. Leave gauze on, and proceed to the next area on the face.

Area #2: The Eye Area

Repeat the application procedure around the eye area. Use the mini applicator brush. Leave the product on **three minutes**, then neutralize as in the neutralizing step. Leave the gauze on, and proceed to the third area on the face.

***Note:** If there is redness, neutralize immediately and go onto the next area.

Area #3: The Nose & Upper Check Area Out To the Hairline

Repeat the application procedure on the nose and upper check area out to the hairline. Leave the product on **three minutes**, then neutralize as in the neutralizing step. Leave the gauze on, and proceed to the fourth area.

***Note:** If there is redness, neutralize immediately and go onto the next area.

Area #4: The Upper Lip & Lower Check Area Out To the Hairline

Repeat the application procedure on the upper lip and lower check area out to the hairline. Use the mini applicator brush on the upper lip. Leave the product on **three minutes**, then neutralize as in the neutralizing step. Leave the gauze on, and proceed to the fifth area.

***Note:** If there is redness, neutralize immediately and go onto the next area.

Area #5: The Chin Area

Repeat the application procedure on the chin area. Leave the product on **three minutes**, then neutralize as in the neutralizing step. You will use approximately 8-10 pieces of neutralizing gauze total for the entire face. Leave the gauze on.

Step Four: Removal of the Gauze

After the completion of step three (neutralizing of all five areas) has been completed, proceed to remove the gauze. **Do not wipe the product off of the face.** Take gauze off and throw away.

Step Five:

Blot the face of any residue of moisture, and apply Novita Spa's Day Survival™ Moisture Complex SPF 15. The ParaMedical Peel™ is now complete.

*The client should see dramatic hydration and suppleness to the skin's texture on completion of the ParaMedical Peel™. The client will continue to use the Facial Essentials System AM/PM at home during the four week series of treatments and after for home maintenance.

Week Two

The product is left on **5-8 minutes** during the second ParaMedical Peel™ Treatment. During the second week's treatment the face is sectioned into the five areas as in week one. Proceed with all five steps: 1) Cleanse, 2) Application, 3) Neutralize, 4) Removal of The Gauze, 5) Blot moisture and apply Day Survival™ - Moisture Complex SPF 15.

Week Three

The product is left on **10-12 minutes** during the third Paramedical Peel™ Treatment. During the third week's treatment the face can be divided in half. The top half consists of the forehead, eye area, nose area and upper cheek. The bottom half consists of the lip area, lower cheek and the chin. Proceed with all five steps as in weeks one and two: 1) Cleanse, 2) Application, 3) Neutralize, 4) Removal of the Gauze, 5) Blot moisture and apply Day Survival™ - Moisture Complex SPF 15.

Week Four

The product is left on **15 minutes** during the fourth ParaMedical Peel™ Treatment. During the fourth week's treatment the face is not broken down into separate sections. The application step is done directly after the cleansing step. The product is applied to the entire face. Leave the product on **15 minutes** then proceed to the neutralizing step. Leave the gauze on the skin for approximately **10-15 minutes**. Proceed onto step four, Removal of the Gauze. Proceed onto step five, blot and apply Day Survival™ - Moisture Complex SPF 15.

Use Common Sense

During the first ParaMedical Peel™ or the twentieth, if you notice reddening of the skin, or if the client is complaining of discomfort, neutralize that specific area immediately. That is the benefit of the Novita Spa sectioning technique. Sectioning gives you complete control, and the client is comfortable and pleased with the results after each and every peel treatment.

- **On completion of the four week series of ParaMedical Peels™, the client needs to continue the use of the Facial Essentials System AM/PM daily at home.**
- **The client can have one 15 minute ParaMedical Peel™ monthly.**
- **Maximum results are achieved when the Facial Essentials System is used by the client continuously, and the client has intermittent ParaMedical Peel™ Treatments.**