

Cell-U-Lite Body Treatment Manual

NOTE:

- The client should not shave or wax the body the day of the treatment.
- Do not use a tanning bed 48 hours prior to treatment.
- No shower needed for this treatment

TREATMENT TIME

60 min. Full Body

40 min. Half Body

* Create a private, professional and comfortable environment. Dim the lights and scent the room with an aromatherapy candle. Play relaxing background music.

EQUIPMENT – SUPPLIES – PRODUCTS

- One cotton blanket (single size)
- One single size cotton top sheet
- Two plastic sheets
- Four bath towels, two face towels, four wash cloths
- Cotton robe
- Paraffin bath and paraffin wax
- One head pillow
- One pair disposable bikini pants
- Sponge
- Applicator brush
- Small glass dish
- Novitá Spa Satin-Body Lift Moisture Firming Gel
- Novitá Spa Para-Medical Peel
- Cell-U-Lite Treatment Plastic Body Wrap
- Cell-U-Lite Treatment Paraffin Application Drape

STEP 1: Setting up the massage bed

Cover the massage bed with a cotton sheet followed by a plastic sheet.

STEP 2: Client Preparation

Client is instructed to wear disposable bikini pants. The body is fully covered with bath towel except the area being treated.

STEP 3: Application of Body Glo – Body Polish

The client lays down on the stomach. The professional takes an ample amount of Body Glo – Body Polish in hand and massages gently into the skin. Begin with the feet, work towards the leg, hips, back and shoulders. Next, the excess of Body Glo is removed from the body with a dampened sponge and then towel dried with a wash cloth. Client is instructed to turn onto back. The chest area is covered with a small towel. The Body Glo Body Polish continues, again beginning with the feet and working toward the leg, stomach, décolleté, finishing with the arms and hands. Excess Body Glo is removed with a dampened sponge and the towel-dried off with wash cloth.

STEP 4:

Client is helped off the massage table and draped with a cotton robe. At this time the professional removes the plastic sheet. A pillow is placed at head of table covered with a hand towel. A clean bath towel is placed at the center of bed. The client returns to the bed, lying on stomach. The body is fully covered with a bath towel except the area being treated.

STEP 5: Para-Medical Peel Application

Put several drops of the Para-Medical Peel in a small glass dish. Take an applicator brush and apply even amounts of Para-Medical Peel, beginning with the leg, hips, back and shoulders.

STEP 6: Paraffin Wax Application

Take a pre cut piece of the Cell-U-Lite Treatment Paraffin Application Drape. This should be cut to cover the area you are working on. Take drape and dip into the paraffin until fully coated. Let drip over paraffin tank for a few seconds, then apply to area of body that the Para-Medical Peel has been applied to. Lay a piece of pre cut Cell-U-Lite Treatment Plastic Body Wrap onto area. Tuck plastic wrap around the area being treated. Cover the body with a cotton blanket. Leave paraffin on approximately 10-15 minutes.

STEP 7: Removal of Paraffin Wax and Neutralizing of Peel

Remove blanket and plastic sheet. Peel back and remove all paraffin wax from body. Take sponge and with cool water, sponge the body with blotting motion, neutralizing the Para-Medical Peel.

STEP 8: Application of Satin

Pat dry and massage into the body, Satin—Body Lift Moisture Firming Gel.

STEP 9:

Have the client turn and lay on their back. Repeat Steps 5, 6, 7, and 8 on the front of the body.

*** CAUTION: Avoid applying the Para-Medical Peel and Paraffin to nipple area of breast.**

Frequency:

For best results, client should receive one treatment weekly for 6 weeks and continue home care during the weeks treatments are being done, and after.

Home Care:

Apply daily Body Glo Body Polish and then melt the residue away with Lavender Rain Lavender Flower Shower Gel. Towel dry and apply Satin—Body Lift Moisture Firming Gel.